

EMBRACE

Multicultural Mental Health in Tasmania

phoenix
CENTRE

Strengthening responsive and inclusive services for people from refugee and migrant backgrounds.

If your organisation is wanting to make a difference for people from refugee and migrant backgrounds, this free program is for you.

Migrant Resource Centre Tasmania and the Phoenix Centre are excited to launch a new Tasmanian sector development program for 2024.

The program will support organisations to implement the Embrace Framework developed by Mental Health Australia.

Program Overview

Organisations will complete online EMBRACE modules and join with other leaders to reflect and action applying learning into practice in Tasmania.

Workshops include:

- **Cultural Awareness and Competency**
- **Tasmanian experience**
- **Planning to meet multicultural community needs**
- **Safe, quality and culturally responsive services**
- **Working together to promote mental health in multicultural communities**
- **Building a culturally responsive mental health workforce in Tasmania**
- **Action Planning**

Who: People who are able to talk to and take back information to influence organisational practice (senior managers, people responsible for quality and inclusive practice, leaders)

Cost: Free

When: March to November 2024

Time Commitment: Monthly 2-hour workshops

Where: Face-to-face across the state with options for people to attend workshops online.

We invite people in leadership roles at their organisations to join. If you are interested please complete an Expression of Interest by scanning the QR code.



EOIs close 16 February 2024 and places are limited.

For more information please contact Jamyang McQuillen, Phoenix Centre Manager, on 6221 0999 or jmcquillen@mrctas.org.au

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**migrant
resource
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TASMANIA